

# Pull It! Twist It! Pop It!



Liberty Elementary School is having a  
Pop Tabs Collection  
All Year to Support



**RONALD MCDONALD  
HOUSE CHARITIES**

## How can you help?

Start collecting pop tabs. Have your child bring them to the office area.  
There will be a container for collection.

## What is a pop tab?

Pop tabs are the little aluminum tabs from all kinds of cans: soda, pet food, fruit, vegetables, etc.

## What's in it for the Children?

This program is designed to teach the children about recycling and being charitable.

## What does RMHC Charities do?

RMHC provides housing for families so they can be near their hospitalized child. They also provide grants as well as basic medical and dental care in vulnerable communities.

For more info visit [www.rmhc.org](http://www.rmhc.org).

## What does RMHC do with the pop tabs?

They bring them to United Scrap Metal, a local recycling company. United Scrap Metal recycles the metal and pays RMHC the market value, plus a charitable match on a percentage of their profit.

## Why Pop Tab but not the can also?

For this charity, United Scrap Metal focuses mostly on Pop Tabs since they are clean, compact, easy to collect and the aluminum in the tab is a higher-grade so it has a higher recycle value.

So, the Pop Tab has the highest recycling value!



## **FUN FACTS: How Pop Tabs Measure Up**

1 inch = 1 pop tab    1 kilometer = 40,000 tabs

1 meter = 40 tabs    1 pound = 1267 tabs

1 mile = 63,360 tabs    1 cup = about 196 tabs

790 lbs = 1 Million Pop Tabs

